

APPENDIX 3A

TEN FACTOR OFFICE-BASED CRITERIA CHECK LIST

In general, 10 factors help determine whether a patient is appropriate for office-based buprenorphine treatment. This checklist may be useful during the screening process.

Check “yes” or “no” next to each factor.

Factor

- | | | |
|---|------------------------------|-----------------------------|
| 1. Does the patient have a diagnosis of opioid dependence? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Is the patient interested in office-based buprenorphine treatment? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Is the patient aware of the other treatment options? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Does the patient understand the risks and benefits of buprenorphine treatment and that it will address some aspects of the substance abuse, but not all aspects? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Is the patient expected to be reasonably compliant? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Is the patient expected to follow safety procedures? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Is the patient psychiatrically stable? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. Are the psychosocial circumstances of the patient stable and supportive? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. Are resources available in the office to provide appropriate treatment?
Are there other physicians in the group practice?
Are treatment programs available that will accept referral for more intensive levels of service? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 10. Is the patient taking other medications that may interact with buprenorphine, such as naltrexone, benzodiazepines, or other sedative-hypnotics? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Source: Based on the CSAT-funded curriculum “Use of Buprenorphine in the Pharmacologic Management of Opioid Dependence.” *American Academy of Addiction Psychiatry*, on-line training. Eric Strain, MD and Jeff Novey, MPH. Course revised by Elinore F. McCance-Katz, MD, Ph.D., 2004.